



Health and Social Care Curriculum Long Term Plan

		Term 1	Term 2		Term 3	
Year	Big Idea	Component 1: Human Lifespan Development How do people grow and develop across the different life stages?	What are the Healthcare Services?	What are the Social Care Services?	What barriers can prevent people accessing Health and Social Care Services?	What skills, attributes and values are needed to work in Health and Social Care?
	Key Knowledge and skills	Life stages: infancy, early childhood, adolescence, early adulthood, middle adulthood and later adulthood. - Physical, intellectual, emotional and social (PIES) development across life stages. - Factors affecting growth and development, including physical, lifestyle, emotional, social, cultural, economic and environmental factors. - Significant life events and the impact they can have on development. - Applying knowledge to realistic case studies and PSA-style tasks.	- Understanding the range of healthcare services available in the UK. - Primary, secondary and tertiary care services. - Roles of healthcare professionals. - How healthcare services meet individual needs. - Interpreting case studies and choosing	- Understanding social care services and their purpose. - Services available for children, adults and older people. - Residential, domiciliary and community-based care. - The role of social care professionals. - Evaluating how services support individuals.	- Physical, geographical, communication and cultural barriers. - Financial barriers and service availability. - Consequences of barriers to individuals. - Strategies to overcome barriers. - Applying knowledge to case study scenarios.	- Care values and person-centred practice. - Skills including communication, empathy, patience, organisation and problem-solving. - Attributes required for effective care. - Benefits and challenges of applying care values. - Reflecting on professional



				appropriate services.			practice through case studies.
	End Point	Pupils will be able to explain how individuals grow and develop through the life stages and analyse how different factors and life events can influence development using evidence from case studies.		Pupils will be able to identify healthcare services and explain how they meet the needs of individuals in different circumstances.	Pupils will be able to explain the purpose of social care services and justify which services are most appropriate for different individuals.	Pupils will be able to identify barriers to accessing services and evaluate how these barriers can affect health and wellbeing.	Pupils will be able to explain the importance of care values, skills and attributes and evaluate their impact on service users and professionals.
Year	Big Idea	Component 2: Health and Social Care Services and Values PSA How do health and social care services meet individual needs?	What factors affect health and wellbeing and how can they be measured?	What factors affect health and wellbeing and how can they be measured? What are the lifestyle indicators and Person-Centred Approach?	What are the recommendations and actions to improve Health and Wellbeing?		
	Key Knowledge and skills	- Completion of Component 2 PSA. - Applying knowledge of	Factors affecting health and wellbeing including physical, emotional, social and	- Lifestyle indicators including diet, exercise, smoking, alcohol and substance misuse. - Person-centred approach and its	Developing recommendations based on health indicators.		



		services, barriers and values to assessment scenarios. • Analysis and evaluation of care provision.	environmental factors. • Physiological indicators such as BMI, blood pressure, pulse rate and peak flow. • Interpreting health data. • Analysing factors influencing health outcomes.	importance. • Individual needs and circumstances. • Evaluating health improvement strategies.	• Short-term and long-term improvement strategies. • Support services available to improve wellbeing. • Evaluating the effectiveness of proposed actions. • Exam practice and application of knowledge.	
End Point	Pupils will be able to apply health and social care knowledge confidently to PSA scenarios and produce assessment-standard responses.	Pupils will be able to explain factors affecting health and wellbeing and interpret physiological data to assess health status.	Pupils will be able to evaluate lifestyle factors and justify person-centred approaches to improving health and wellbeing.	Pupils will be able to create justified recommendations and action plans to improve an individual's health and wellbeing using evidence from assessment scenarios.		