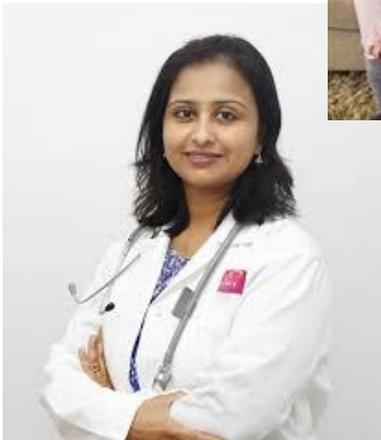




Who can support someone after a life event?

Challenge Task - What is the difference between formal and informal support?





- ~~**B2.P3** Explain the impact of a life event on the development of two individuals.~~
- **B2.P4** Explain how two individuals adapted to a life event, using support.
- **B2.M2** Compare the ways that two individuals adapted to a life event and *the role that support played*.
- **B2.D2** Assess how well two individuals adapted to a life event and the role and value of support in this.

P4 M2 Task



For Level 2 Pass: Learners must explain the ways in which each individual adapted to the life event and how they used support. Where there is little evidence of support received, learners can speculate on what difference support might have made.

For Level 2 Merit: learners must compare the impact that the same life event had on each individual, classifying impacts clearly in relation to PIES (although life events may not impact on all aspects of PIES). They must compare the ways in which each individual adapted to the life event, substantiating their judgement with evidence. As part of this, they will compare the role (for example benefits) of different support received (i.e. noting similarities and differences). Where there is little evidence of support received, learners can speculate on what difference support might have made.

P4 M2 Task – Getting started



1. Read the P4 M2 section on the scaffolding sheet really carefully before you start.
2. Use the same 2 Case studies to write about that you used in P3
3. Follow the scaffolding sheet!

Think about how someone may adapt (make changes) to a life event.

Use your notes on formal and informal support to help you.

Try and include PIES in this answer where you can eg X had to adapt to the accident **physically** by using a wheelchair, he was supported **formally** by a physiotherapist who worked with him...

P4 M2 Task – Scaffolding Sheet



P4 M2 Task

You will explain how each individual adapted (changed their life) to the life event using support and how this made them feel.

(First individual) adapted to the (LIFE EVENT) by...

The support they had that helped them do this was... (.Give examples of the sources of support used by each individual, both formal and informal)

In comparison...

(Second individual) adapted to the (LIFE EVENT) by...

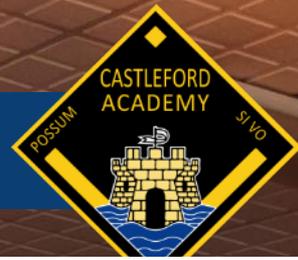
The support they had that helped them do this was... (.Give examples of the sources of support used by each individual, both formal and informal)

The benefits of the support to (First individual) were...

In comparison (Second individual) found the benefits were...

Were the benefits of the support the same for each person? (COMMENT ON THIS EXPLAINING YOUR IDEAS)

P4 M2 Example work 1



B.2P4 Explain how two individuals adapted to a life event, using support

B.2M2 Compare the ways that two individuals adapted to a life event and the role that support played

I will explain how each individual adapted to the life event using support and how this made them feel.

Daniel adapted to his injuries by living at home with his parents and younger brother to support him by assisting in helping his seizures and getting him dressed. As well as Daniel had many therapists offering formal support; a speech and language therapist to help him tone his face muscles and help him learn to talk again, an occupational therapist to help him learn how to regain his independence and a clinical psychologist to assess his memory and ability to think. This support allowed Daniel to communicate which is developing his intellectual potential. Daniel became quite worried about his seizures and how they were affecting him as his found them very distressing. He accessed a support group to help him deal with his anxiety and this then supported him emotionally throughout his recovery period to have a positive mindset. When he was transferred to a rehabilitation unit where he was amazed when he physically could walk for the first time unaided which would have brought him more confidence, although after this Daniel required a titanium plate fitted in his skull to support his traumatic brain injury which caused him his seizures. He now receives DLA which allows him to return to his job as his occupational therapist works with his employer to help him understand his needs. He spends a lot of time with his girlfriend, family and friends who helped him throughout his recovery journey – this informal support would have helped him socially to have someone who he knows assists him.

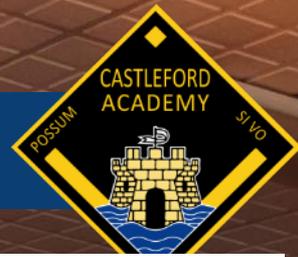
P4 M2 Example work continued



In comparison, Ade adapted to his injuries by going to several rehabilitation centres to adjust to his new life style. Ade suffered from disrupted blood flow to his brain caused by trauma from his neck which then developed into a large stroke that effected the left side, this then required surgery to relieve pressure on the brain. From these injuries Ade moved in with his parents for informal support, he required a walking stick and needed a hand rail to move up the stairs. During this time Ade was also unable to speak and had difficulty understanding speech. For his movement he required assistance from the Queen Elizabeth's Foundation for Disabled People to slowly become more independent, this then allowed him to buy his own rental property where he could live with assistance of a few support workers.

The benefits of the support for Daniel was after the incident was able to walk again and learnt how to talk. He also regained his independence by clinical psychology accessing his memory and ability to think. This formal support and the informal support of his parents, younger brother and long term girlfriend allowed Daniel to want to go back to work where he can also spend time with some of his friends. In comparison, Ade adapted the same as Daniel by learning to walk on his own again and develop his ability to communicate again. His family helped him through difficult times as well as the formal support of the many rehabilitation centres he went to for many reasons. Both of these supports helped both individuals as this allowed them to stay positive throughout their recovery and continue to push themselves into striving for the best outcomes.

P4 M2 Example work 2



Ade adapted to the accident by moving back into his parents' house. But eventually bought his own property years later. When he moved back into his parents' home he was completely dependent and relied on constant around the clock support. To help him do this he had formal support from surgeons, neurologists, doctors and nurses. The informal support he received may have been from his parents, family and friends, this was social support. When he was referred back to the intensive rehabilitation at Banstead Neurorehabilitation Service where he stayed from April 2009 until June 2010 where he received more personal care from support workers and neurologists which helped him make improvements, this was physical support. Once he left he got his own rental property where he could live independently with the help of support workers. The physical support that the support workers gave was formal support, they helped him live in his own rental property. Ade could independently wash himself, dress himself, prepare basic snacks and as his mobility improved he could walk outside safely. Ade's physiotherapist supported him in adapting his life by helping him improve his mobility which may have helped him feel better about himself and confident. The formal support his speech and language therapist trained and helped him to communicate after a total inability to communicate....

In comparison Natalia adapted to the life event by moving into a care home permanently. The support they had helped them do this was the people at the hospital and the staff at the Clinic for elderly people with neurological issues., her friends and family. The surgeon helped her do this by successfully performing and carrying through the major surgery. The doctors and nurses supported by giving her constant medical care and making sure Natalia was recovering the best she could at the time (physical support). Her friends supported her by visiting her in the hospital and every week in the care home she is located in (social support). Natalia's family supported her by visiting her in the care home whenever they can as they live far away. Both her friends and family are sources of informal support. The sources of formal support are the staff who are professionally trained and skilled.