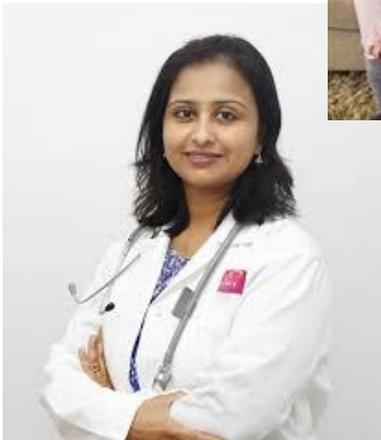




What support can be given to someone after a life event?

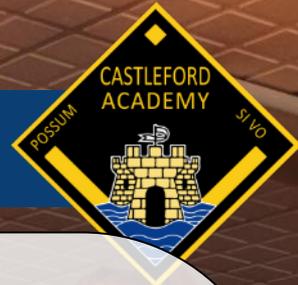
Challenge Task - What support would be most useful? Why?





- ~~**B2.P3** Explain the impact of a life event on the development of two individuals.~~
- ~~**B2.P4** Explain how two individuals adapted to a life event, using support.~~
- ~~**B2.M2** Compare the ways that two individuals adapted to a life event and *the role that support played.*~~
- **B2.D2** Assess how well two individuals adapted to a life event and the role and value of support in this.

# M2 D2 Task



For Level 2 Merit: learners must compare the impact that the same life event had on each individual, classifying impacts clearly in relation to PIES (although life events may not impact on all aspects of PIES). They must compare the ways in which each individual adapted to the life event, substantiating their judgement with evidence. As part of this, they will compare the role (for example benefits) of different support received (i.e. noting similarities and differences). Where there is little evidence of support received, learners can speculate on what difference support might have made.

**B.2D2 Assess how well two individuals adapted to a life event and the role and value of support in this.**

**For Level 2 Distinction:** learners must assess the impact that the same life event had on each individual, classifying impacts clearly in relation to PIES (although life events may not impact on all aspects of PIES). *They must comment on how well* the two individuals adapted to the life event, with *supporting evidence* (the evidence may rely on the views of the individuals). As part of this, they will *assess both the role and value of any support received (for example 'How important was it?')*. To assess the role/value of support, learners may base this on the views of the individuals. Where there is little evidence of support, learners can speculate on what difference support might have made.

## D2 Task – Getting started



1. Read the task section on the scaffolding sheet really carefully before you start.
2. Use the same 2 Case studies to write about that you used in all your other work
3. Follow the scaffolding sheet!

Try and explain your ideas in detail. You must include discussing the role support played and if you think this was useful/important in helping them adapt/recover.

**You may feel like you repeat some aspects of M2 this is fine, D2 is creating an overview and overall assessment and conclusion**

**Try and include PIES in this answer where you can eg X had to adapt to the accident **physically** by using a wheelchair, he was supported **formally** by a physiotherapist who worked with him...**

# D2 Task – Scaffolding Sheet



## D2 Task

*Go back and look at your work on impacts and changes made (adaptations) What did you say? You are now going to explain who coped best and why.*

(First individual) coped well/not well with the life event (GIVE DETAILS of impacts and adaptations)

In comparison (Second individual) didn't cope as well/copied better because (GIVE DETAILS of impacts and adaptations)

(First individual) adapted well/not well due to the support they got. This helped them/didn't help them because...

In comparison (Second individual) adapted well/not well due to the support they got. This helped them/didn't help them because...

Overall I feel that the individual who coped with the life event best was X because... (EXPLAIN IN DETAIL)

# D2 Example work 1



## Assignment Title: Coping with Life

### B.2D2 – Assess how well two individuals adapted to a life event and the role and value of support in this

Daniel coped well with the life event from his injuries such as a traumatic brain injury and inability to walk and talk, his physiotherapists supported him so he accepted this inability and knew that he could overcome it, this would be social and physical support. As well as he now has traumatic seizures he deals with often that has affected him so much he now has developed anxiety which he has learnt to adapt to by going to a formal support group that emotionally supports him. He also in his time of recovery required a titanium plate fitted in his skull where he required physical support afterwards. Daniel also spent three weeks in a coma after his initial operation when he was first rescued. He was unable to socialise due to his inability to speak however he had support from his speech and language therapist, intellectually this helped him. His family, younger brother and girlfriend have informally supported him throughout his recovery period, this giving his social and emotional support. As well as Daniel is returning back to his job in retail which his occupational therapist is working with his employer to help them understand Daniels specific needs.

## D2 Example work 2



B.2D2 assess how well two individuals adapted to a life event and the role and value of support in this.

Daniel coped well with the accident as he was able to adapt to the physical impacts because he pushed himself through his recovery much more than his physiotherapist expected which sped up his development. He also adapted very well to his emotional development as he was willing to open up about his fears and anxiety which helped him cope with his seizures. His self-confidence improved massively throughout his recovery as 'he felt invincible'.

In comparison Natalia didn't cope as well because she struggled to accept her new life and her loss of independence. she recovered very well because of her physiotherapy however, she struggled tremendously to recovery emotionally. Because she was so used to doing things without support she struggled to accept both the formal and informal support she was given. Before she eventually started open up she refused to speak to her trauma counsellor or any other staff this made her depression even worse and also made her very lonely.



## D2 Example work continued



Daniel adapted well due to the support they got. This helped him because he was encouraged to push himself and always know he had someone to turn to. His support group meetings offered advice and support to help him emotionally recover quicker. Because he agreed to open up a lot more he knew what to do whenever he had a seizure and how to make the situation better.

In comparison Natalia did not adapt well due to the support she got. This didn't help her because despite the formal and informal support she was given, she still refused to fully open up about her feelings as she was so used to living so independently. This worsened her mental health which made her isolate herself from people which made her thoughts and worries build up. Her social life was terrible and she spent most days by herself. She only managed to speak to her religious leader after a while however she still refused to speak to her trauma counsellor.

Overall I feel the individual who coped with the life event best was Daniel because in the end he was a lot happier with his recovery and he had accepted a lot more formal and informal support than Natalia. He was surrounded by people to look after him