



Emotional and Social Factors

- Loss of friends
- Social isolation
- Poor self esteem confidence and motivation
- Bullying
- Unemployment

Possible effects of poor personal hygiene

Physical Effects

- Catching disease /infections for example athlete's foot or diarrhoea
- Spread of disease and infections
- Body Odour
- Bad breath

Task 3



- In pairs you will be given a life stage to research looking at the importance of personal hygiene
- Produce a poster and a script to help people in your life stage about the **key elements of personal hygiene**, what is **important** to know and **why**. Outline the problems that can happen if they do not follow the basics.

STRETCH AND CHALLENGE

Can you consider how the physical, intellectual emotional and social aspects of a lack of personal hygiene interrelate?