



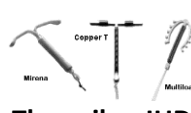









Contraceptive methods → Your name: _____	 Natural family planning or the Rhythm method	 The withdrawal method	 Sterilisation	 Abstinence	 The coil or IUD (Intrauterine Device)	 The Oral Combined pill	 The Contraceptive Injection	 The Contraceptive implant	 The male condom	 The female condom or Femi-dom	 The diaphragm or cap	 Emergency contraception pill
Who can use it?	M & F	M	M or F						M	F		F
How do you use it?			A surgical procedure to permanently remove fertility.								In conjunction with a spermicide, it is inserted into the vagina before sex and is removed 6 or more hours after.	One pill taken only as an emergency backup should another contraception method fail or in other circumstances where unprotected sex has occurred. Acts like a stronger version of the normal contraceptive pill.
How protective is this method?			Hugely successful.	100%		98%		99%				Becomes less effective the longer it is taken after unprotected sex.
How long does it last?	28 day cycle	n/a	Permanent and non-reversible contraception option.	n/a		28 day cycle.	8-12 weeks depending on the type you have.		Single use		Reusable.	n/a
Does it protect you from some STI's and HIV? How?		No!			No!						No!	No!
List some of the major Pros of this kind of contraception. (try to list at least two)					• LARC							An incredibly important emergency back-up for the following incidents: Rape victims; Couples who have a condom break during sex; Women who have been lured into having sex, while under the influence of drink or drugs.
List some of the major Cons of this kind of contraception. (try to list at least two)									• Supposed 'passion killer'???			Due to the high dosage of its' active ingredients, it can cause nausea, mild menstrual irregularity, low abdominal pain, headache and vomiting. This pill can be found at Family planning clinics for free, but pharmacies charge up to £25 for it. It does not protect you from STIs.

Define these words or acronyms: LARC: _____

Barrier contraception: _____

STI: _____



<https://www.nhs.uk/conditions/contraception/>



<https://www.savemyexams.co.uk/notes/gcse-biology-aqa-new/homeostasis-response/hormones-in-humans-reproduction-metabolism/contraception/>



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