



Mr G Panayiotou – Headteacher
Mr John McNichol – Chair of Governors

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4th September 2019

Dear Parent/Carer,

As we start the new school year, we as a PE department want to ensure that your son/daughter's learning experience and safety are paramount. In order to achieve this we would appreciate your co-operation with the following issues which may arise during the school year.

If your child has a medical problem, please ensure you provide a written explanation. Normally, under these circumstances, pupils **will still be required to change into their PE kit** and a suitable activity, appropriate to the individual, will then be arranged, for example, umpiring a match, setting up or clearing away equipment, or participating in the lesson as far as they feel able. If your child suffers from asthma they must bring in their blue inhaler to every PE lesson.

If your son/daughter has an ear piercing, PE staff will ask for it to be removed for the safety of your own child and other pupils within the lesson. We appreciate that a new piercing has a six week healing time before the stud can be removed. In this case a letter from you as a parent/carer must be provided at the start of the lesson stating that you give permission for the studs to be worn and covered up with medical tape. In the letter please provide a date when the studs can be removed. It is up to the pupil to bring their own tape to cover the studs otherwise alternative arrangements will be made for your child during that lesson. **May I also stress that no other visible piercings are permitted as per the whole school uniform policy.**

Nails should be kept short and in line with the whole school uniform policy to avoid any injury to your child or others.

Long hair must be tied back at all times during the lesson. It is the responsibility of your child to bring a bobble so that their hair is not impairing their vision and cannot be pulled or caught during the broad range of activities we offer at Castleford Academy.

Your child must wear suitable sports shoes for PE lessons. Trainers are suitable for sports hall, 3G pitch, netball courts, fitness suite and gymnasium activities. Football or rugby boots with metal studs will only be allowed on the field. However, boots with rubber studs will be allowed on the sand based astro turf, 3G pitch and field. Pumps, including Converse and Vans are not suitable/permitted. They provide a risk due to their lack of support around the ankle during impact sports and do not provide sufficient grip.

Finally, please ensure your child's name is written clearly in each item of their PE kit, so that it can be returned if misplaced.

Thank you for your co-operation in ensuring your son/daughter has a safe and successful year in PE. If you have any queries regarding the above please do not hesitate to contact me.

Yours faithfully

Miss C Baxby
Second in PE

